



Analysis & Storage of Sperm

ID number _____

Control ID number: _____

(to be completed by Cryos)

Name _____

Address _____

Zip code _____ City _____

Country _____

Phone _____ E-mail _____

Type of Service

Tick the required service:

- Sperm analysis
- Freezing
- Storage of sperm for the period mentioned below
- Screening for infectious diseases anti-HIV-1/2, HBsAg, anti-HBc & anti-HCV

Storage Period

- Immediate delivery (remember to fill in the Delivery Statement)
- 3 months 3 years
- 6 months 4 years
- 1 year 5 years
- 2 years 10 years

Payment

- Cash DKK _____
- Invoice to the depositor
- Invoice to third party (specify name/department/address) _____

I (or guardian if under age) hereby with my signature declare, that I understand and accept that the Terms of Agreement (see our website) in force at the time in question are applicable for the contractual terms.

Date

Signature

Instructions

An abstinence period of 2-3 days prior to collecting the sperm is recommended.

- ✓ Cryos recommends that the sperm samples are collected in our donor cabins.
- ✓ If this is not possible, sperm samples can also be made at home or where it is convenient. Sperm collection containers are available from Cryos. As an alternative use any type of container as long as it is clean and does not contain soap residue, etc.
- ✓ The penis should be washed with water, without the use of soap, prior to ejaculation.
- ✓ Condoms must not be used to collect sperm due to the content of spermicide. Collection of sperm via withdrawal during sexual intercourse is not recommended due to the risk of spillage.
- ✓ The semen must be ejaculated directly into the collection container. The best quality of sperm is in the first few drops so spilling should be avoided.
- ✓ The sperm should not be exposed to intense heat or cold and the sperm collection container must be kept at room temperature 20-30°C. The best place to keep the collection container to maintain this temperature is in the breast pocket, in the waistband of your pants or a similar place close to your body.
- ✓ Make sure that the lid on the container is tightly closed and that your name and personal identification number is written on the label of the sperm collection container.
- ✓ Hand in the sperm sample to Cryos no later than one hour after collection.

If you have any questions please ask the staff.